

Studio B - Fall 2009

Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
7:00							
8:00							
9:00							
10:00							
11:00							
12:00	Spin 12:00 – 12:50 Fit Free	Spin 12:00 – 12:50 Fit Free	Spin 12:00 – 12:50 Fit Free	Spin 12:00 – 12:50 Fit Free	Yoga Mix 12:00 – 12:50 \$Clinic	Step 11:30 – 12:20 Fit Free	
1:00		Strong Back 1:00 – 1:50 \$Clinic	Vinyasa 1:00 – 1:50 \$Clinic				
2:00	Yoga Flow 2:00 – 3:20 \$Clinic		Advanced Ballroom 2:00 – 2:50 Canceled				
3:00		Classical Hatha 3:00 – 3:50 \$Clinic	Vinyasa 3:00 – 4:20 \$Clinic		Belly Dance Club Practice 2:30 – 3:50		
4:00	Spin 3:30 – 4:20 Fit Free				Yoga Flow 4:00 – 5:20 \$Clinic		
5:00	Breakdance 4:30 – 5:50 \$Clinic	Classical Hatha 4:30 – 5:50 \$Clinic	Breakdancing Club Practice 5:00 – 5:50	Bollywood 5:00 – 5:50 \$Clinic	Step 5:30 – 6:20 Fit Free		
6:00		Spin 6:00 – 6:50 Fit Free	Spin 6:00 – 6:50 Fit Free				
7:00	Belly Dance 6:30 – 7:50 \$Clinic	West African Dance 7:00 – 7:50 \$Clinic		Salsa Advanced 7:30 – 8:20 \$Clinic			
8:00							
9:00							
10:00							
11:00							