Georgia State expands into SunTrust building

By Michael Wall • mtwall@gsu.edu

The Georgia State University Foundation Inc. and SunTrust Bank have reached an agreement to make way for the university’s largest building acquisition in recent years: the $52 million purchase of the 26-story SunTrust Bank office tower at 25 Park Place, three smaller buildings, and an eight-story parking deck.

The two-block area is adjacent to Woodruff Park and, pending Board of Regents approval, will be home to a professional education center for the university’s College of Law and J. Mack Robinson College of Business, an auditorium, and a general classroom building, President Carl V. Patton announced.

“As Georgia State continues to grow, the need for more space has become crucial. The acquisition of the SunTrust property will help alleviate the tremendous shortage the university has in office and classroom space,” Patton said.

“We applaud SunTrust for being a great downtown partner in supporting this transaction that will help advance Georgia State’s master plan and our standing as a major research university,”

The agreement also allows SunTrust to lease back the property for up to five years.

The purchase will be conducted by the Georgia State University Foundation and is expected to be finalized in the spring.

Patton said that the synergy of building a center that merges law and business colleges is somewhat unprecedented.

However, the fundamental relationship in society between law and business will likely lead other institutions to follow Georgia State’s lead. This new center at Georgia State would make it one of the few universities in the country that unites these disciplines in a shared complex.

Expanding onto the SunTrust property will enable the university to acquire much-needed space. According to the Main Street Master Plan, an addition of approximately 3 million square feet of space. The university will gain 500,000 square feet through this transaction.

Learning to lead

By Louch Harris • mharris@gsu.edu

David Steed and Chisshon Webb are leaders in the making. Steed is a counselor and tutoring coordinator for Student Support Services, and Webb is a sergeant in the Criminal Investigations Division of Georgia State’s Police Department.

Both are among 24 women in the 2007 Leadership Academy for Women (LAW), which has members already engaged in team building activities at Georgia State’s Challenge Program, completing assessments to discover their leadership styles and negotiating with classmates to explore how to deal with conflict.

“The most important thing I have learned is to be consistent with my employees and how to get the best out of them by appealing to their personality types,” Webb said.

Jennifer Stewart, chair of the subcommittee that organizes and facilitates the program, said the LAW isn’t just about acquiring skills, but what’s unique is the networking opportunity the women get from being together for nine months, meeting other women of all ranks in the university and becoming aware of new opportunities.

Participants in the program, who attend full-day seminars monthly, were recently assigned groups to investigate and develop projects that will have an impact on campus.

For instance, Panther Tracks, the new employee orientation, was created by LAW classmates in 2006.

“Women who have participated in the past have continued to help with numerous projects across the university,” Stewart said. “This program can go a long way in making women feel connected and giving people cause to feel appreciated because their supervisor valued the time and the cost to devote to their growth.”

What was your impetus for running the Chicago Marathon?

I ran for the Leukemia and Lymphoma Society and this is my second event with them. Last year I ran in the Nike half-marathon in San Francisco. And during the time I train for a marathon or a half-marathon, I also raise money for cancer research.

For each event I raised over $3,800, so total I’m at about $7,600 for leukemia and lymphoma.

How much did you train and for how long?

I trained for about 4 1/2 months. I’ve been training since the end of May and over the course of my training I put in about 440 miles.

The marathon was in October. How was the weather in Chicago?

Perfect running weather is between 40 and 50 degrees. In Chicago, it was 29 degrees with rain and snow flurries. It was the worst weather they’d had in Chicago for the marathon in 19 years.

It must be exhausting mentally, not to mention physically, to run 26.2 miles. How’d you manage?

It’s all mental. You’re physically ready at that point from running so many miles and training for so long but by mile 18 or 19, it’s all a mental game with yourself. You really just say to yourself, “Just one more step,” or “Just keep going.” And if you can get to the next mile marker or half-mile marker then you’re doing well.

What has been your favorite experience running? Chicago was just unbelievable with all the spectators cheering you on. I think the best part is knowing that I was doing it for myself but I was also doing it for someone else. Someone dies from leukemia and lymphoma every 10 minutes, so as I’m running this marathon, 26 people would have died from blood cancers. So you’re thinking about that and you’re thinking I could’ve saved one of those people with the money I raised. That’s very powerful when you think about it, and it keeps you going.
How can artificial sweeteners contain no calories? Some artificial sweeteners do contain calories, but the sweetening power is so intense that a very small amount is needed, which is why some call these products “low-calorie sweeteners.” For example, aspartame (Nutrasweet, Equal) has 4 calories per gram, the same as regular table sugar, but it is 200 times sweeter than sugar; so the small amount you use to sweeten your coffee contains almost no calories. However, most artificial sweeteners are indeed calorie-free. Aspartame (K-Surein), saccharin (Sweet n’ Low) and sucralose (Splenda) contain no calories because they have different chemical structures that make them taste sweet but are not recognized by the body as usable fuel. For example, sucralose is 600 times sweeter than table sugar, and it is excreted unchanged by the kidneys.

Are these products used by people to lose weight? Yes and no. The Calorie Control Council surveyed consumers and found that the No. 1 reason for using sugar substitutes is to stay healthy. Sixty-three percent of those surveyed were not dieting but were using low-calorie sweeteners to maintain weight. People use sugar substitutes to “calorie juggle” so they can control caloric intake by providing a substitute to high-calorie and high-sugar foods and beverages. These products also are popular with people with diabetes to help them reduce sugar intake.

How many sugar substitutes are on the market? The Food and Drug Administration has approved six sugar substitutes: acesulfame K, aspartame, neotame, saccharin, sucralose and tagatose. Some of these are found in tabletop sweeteners (the pink, blue and yellow packets) or as ingredients in food and beverages.

Are sugar substitutes safe? If you indiscriminately scanned the Internet for information, you might conclude that these products are harmful. But they are extensively reviewed for safety by the FDA before they can be introduced into the food supply (unlike dietary supplements, which have no FDA approval). In a 2004 position paper of the American Diabetic Association, it was concluded that these products are safe and can be useful for weight loss and diabetes control.

Does baking with Splenda really work? Yes. Because of its heat stability, this popular artificial sweetener can be used for cooking and baking, according to registered dietitian Marlene Koch.

The facts about sugar substitutes
By Chris Rosenbloom • dietetc@ap.com

The Calorie Control Council (www.caloriecontrol.org) says 180 million Americans use sugar substitutes. Let’s answer some common questions about alternative sweeteners.

ANDREW YOUNG SCHOOL OF POLICY STUDIES
Public Performance and Management Group launches
The Andrew Young School of Policy Studies recently launched its Public Performance and Management Group that is already enjoying an unheralded level of success for a six-month old organization. The group, housed within the Department of Public Administration and Urban Studies, enables students to gain real-world experience by assisting government agencies and public administrators strengthen their strategic and operational performance.

Some of the group’s clients are Gwinnett and DeKalb counties, the Governor’s Office of Consumer Affairs, the U.S. Department of Education and the Florida Department of Education.

COLLEGE OF ARTS AND SCIENCES
Arts and Sciences reveals new Web site
The College of Arts and Sciences unveiled its new Web site over the Thanksgiving weekend. The site has been redesigned to mirror both the look and the structure of the Georgia State Web site, which will make it easier for visitors to navigate between the two sites. It will continue to feature college news, college offices, information for donors, and college policies and procedures. The new site will also have sections tailored for undergraduate students, graduate students, faculty and staff.

COLLEGE OF EDUCATION
Conference focuses on culture, language and learning
Randy Bommer, past president of the National Council of Teachers of English and faculty member from the University of Texas, Austin, is the keynote speaker at the 2007 Georgia Read Write Now Conference, set for Jan 26 at the College of Education.

The one-day conference, sponsored by the Language and Literacy/Social Studies Division in Middle/Secondary Education and Instructional Technology, is themed “Culture, Language and Learning.” Classroom teachers, graduate students and faculty will be among many attendees set to discuss culturally relevant pedagogy, emergent literacy, citizenship, literacy parent involvement, process drama, critical thinking and other key areas.

CARMEN AGRE-DEEDY, children’s author and storyteller, is the luncheon speaker. Her works include: The Library Dog and The Yellow Star of Denmark.

COLLEGE OF HEALTH AND HUMAN SCIENCES
Ovarian headache
Call the School of Nursing
If you’re a woman and you suffer from migraines, Byrline F. Lewis School of Nursing wants to talk to you.

Assistant professor of nursing Margaret Moloney is launching a study about women who suffer migraine headaches, and she is looking for women between the ages of 18 and 55 to participate in the research.

Moloney, who has already completed three other studies involving women and migraines, hopes to find clues to predict and possibly relieve the severity of migraines by examining symptomatic patterns women experience prior to the onset of their headaches.

“We are interested in helping women identify when they’re likely to have these headaches, as well as identify self-help preventive steps they can pursue before the onset of a migraine,” Moloney said.

Moloney’s study, which is being funded by the National Institute of Nursing Research, is scheduled to run for two years and will be conducted entirely on the Internet through a secured Web site with the assistance of Emory University. Study participants will keep daily diaries of certain activities and state whether they experience headaches. They will be paid $50 after finishing the first two months of diary entries, another $25 for the third month and $75 at the end of the fourth month.

Women interested in participating must answer a screening survey to see if they qualify for the project. Information is available at http://www.calphs.emory.edu/miggrn.

COLLEGE OF LAW
Lecturer compares Jewish law and American civil law
Rabbi Aaron Goldberg, a graduate of Georgia State’s College of Law, discussed the biblical roots of contractual and employment law during a recent lunch-
Founded in 1999 with a grant from the Texaco Foundation, Sound Learning partners Georgia State, the Atlanta Symphony, Young Audiences of Atlanta, and the Fulton County and Atlanta City Schools in a research-based curricular music education program. University music students work side-by-side with Atlanta Symphony musicians when they go into the schools for educational outreach.

Rialto named Prestigious Partner

The Rialto Center for the Arts has been selected as a 2006 Prestigious Partner by the Fulton County Board of Education for their outreach work with Hamilton E. Holmes Elementary School in East Point, Ga.

The award is given to exemplary businesses or other entities that partner with the schools for outreach programs. The Rialto is one of six Prestigious Partner Award winners out of 966 nominated partnerships. Leslie Gordon, director of operations at the Rialto, said the Rialto staff has been volunteering to help after school with arts activities and bringing the students in for various performances.

Provost announces instructional effectiveness award winners

Provost Ron Henry has announced the winners of the inaugural Institutional Effectiveness Outcomes Awards for administrative units and the Departmental Instructional Effectiveness Award.

Four administrative unit winners were selected, based on their size, including the Office of State Relations, the Office of International Affairs, Financial Operations (Disbursements) and the University Library.

There were two departmental awards. For departments without professional accreditation bodies, the political science department took home the award, while the department of early childhood education won for departments with professional programs with accreditation associations.

The Departmental IE Award recognizes outstanding work in promoting and documenting student learning at the university level. To be eligible for the IE Outcomes Award, unit IE reports had to meet certain technical criteria, such as submitting the report on time, specifying outcomes and assessing effectiveness.

The dollar value of both awards is $250 for each staff member who contributes to the unit’s mission in the administrative unit and for each tenure track and full-time NIT faculty who contributed to the instructional part of a department’s mission.

National Society of Black Engineers opens chapter at Georgia State

The National Society of Black Engineers, or NSBE, is accepting members for its newest Georgia chapter that opened at Georgia State this fall.

The society is setting up a new chapter here thanks to the efforts of computer science senior Brook Lee and computer science assistant professor Rahzeem Beyah.

NSBE accepts members from all areas of science, technology and engineering. Beyah said the primary goal of the Georgia State chapter will be to help beginning scientists become better professionals and leaders in their fields as well as provide networking and career services opportunities for its members.

NSBE was founded in Texas in 1976 and now has more than 270 chapters worldwide.

ean lecture. Golding also addressed the similarities and differences between Jewish law and American civil law.

Golding said one of the biggest differences regarding employment is that Jewish law specifically states that an employer is allowed to leave work at any time, as long as the employer doesn’t suffer irreparable harm.

Not surprisingly, Golding’s statement was immediately followed by an audience member asking whether American courts recognized Jewish law. The answer is that it depends.

J. MACK ROBINSON COLLEGE OF BUSINESS

Business leaders receive alumni awards

Seven business executives were recognized at the fourth annual Robinson College of Business Alumni Awards celebration held Wednesday, Nov. 15 at the High Museum of Art’s Wieland Grand Lobby. The attendees were among the first to view the Louvre Atlanta exhibit on display at the High Museum.

The awards and recipients are as follows:

- Community Service: Harriet Hossam, CEO, Girl Scout Council of Northwest Georgia
- Entrepreneurship: J. Stephen Tanner, president and CEO, Arlyeness Inc.
- Global Business Leadership: John O’Shaughnessy, managing director, Porex Surgical Inc.
- Leadership/Lifetime Achievement: James C. Howard, managing partner, Smith & Howard
- Leadership/Lifetime Achievement: Joseph Bravton Smith, partner, Smith & Howard
- Outstanding Young Alumnus: S. Lance Ledbetter, owner, Dust-To-Digital Inc.
- Service to the College: Wesley C. Dusenberg Jr., president, Southern Insurance Underwriters Inc.

For more information, please visit www.robinson.gsu.edu/alumni/awards.

Get a FREE Motorola RAZR when you sign up today.

As an employee of Georgia State University, you can take advantage of these special discounts:

- FREE Silver or Magneta RAZR, after mail-in rebate, regularly priced at $249.99
- FREE Nokia 6120, regularly priced at $165.99
- FREE Samsung 1959, after mail-in rebate, regularly priced at $199.99
- Blackberry Pearl for only $199.99, after mail-in rebate, with voice and data plan, regularly priced at $349.99

Pay NO activation fee

You also qualify for this exclusive benefit available to new and existing T-Mobile customers:

- 50% discount on monthly service charges
- Existing customer? Go to www.t-mobile.com/corporatediscount and log in to My T-Mobile to learn more about qualifications for a corporate discount
- Go to http://www.gsu.edu/~wwwhre/perqs/ for more details on this exclusive offer

New activation, credit approval and two-year agreement required for handset offers.

Questions? Contact Jenny Wilkins at jenny.wilkins@T-Mobile.com
Top: Robert Townsend
Bottom: Congressman John Lewis

Speakers set for commencement ceremonies

By Leah Harris • lh@gsu.edu

Filmmaker Robert Townsend and Georgia Congressman John Lewis will speak at Georgia State University’s commencement ceremonies Dec. 16.

Townsend will speak at the 10 a.m. ceremony for graduates of the College of Arts and Sciences and will receive an honorary degree. Acclaimed as a Hollywood film and television producer, director and actor, Townsend is serving as Artist-in-Residence in Georgia State’s Digital Arts and Entertainment Lab. His credits include writing, directing and starring in the critically acclaimed independent film, “Hollywood Shuffle.” Townsend also is CEO and president of production at the Atlanta-based Black Family Channel.

John Lewis will speak at the 3 p.m. ceremony for graduates of the Andrew Young School of Policy Studies, College of Education, College of Law, J. Mack Robinson College of Business and College of Health and Human Sciences.

Lewis, a longtime civil rights activist, was elected to Congress in 1986 as the U.S. Representative of Georgia’s Fifth Congressional District, which includes the city of Atlanta and parts of Fulton, DeKalb and Clayton counties. Prior to his election to Congress, Lewis served on the Atlanta City Council.

Lewis holds a bachelor’s degree in religion and philosophy from Fisk University, and he is a graduate of the American Baptist Theological Seminary, both in Nashville, Tenn.

For information, call the commencement office at (404) 653-2782.

Georgia State University Commencement

When: Dec. 16
Where: Sports Arena, 125 Decatur St., 3rd floor
College Ceremonies:
10 a.m. College of Arts and Sciences
   Speaker: Robert Townsend
3 p.m. Andrew Young School of Policy Studies
   College of Education
   College of Health and Human Sciences
   College of Law
   J. Mack Robinson College of Business
   Speaker: Congressman John Lewis

Sports Arena doors will open 90 minutes before each ceremony, and the student processional will begin 30 minutes before commencement.