



Villager

FACULTY AND STAFF NEWS • www.gsu.edu/villager

Undergrads take center stage with research

By Van Jensen • vjensen@gsu.edu

The slogan for next spring's research conference could be "It's not your graduate student's or professor's research."

The Undergraduate Research Conference features only the work of freshmen, sophomores, juniors and seniors, allowing them a chance to shine. Now in its second year, the conference will allow Georgia State undergrads to present their scholarship with papers, posters, oral presentations or artistic performances March 14, 2008, at the Student Center.

Organizers are encouraging students to start planning soon. The deadline to submit research proposals to the conference is Dec. 17. Interested students can find out more information about the conference or submit proposals online at www.gsu.edu/gsurc.

Proposals must detail the students' original scholarship or projects they have completed with a faculty member. Each student entering the conference must be sponsored by a faculty member, and faculty members are encouraged to help their undergraduate students develop projects for presentation. Each presentation can reflect the work of up to 10 people.

Karma Mehta (from left) and Claudia Leitner, explaining their project to an attendee at last year's Undergraduate Research Conference, won the 2007 GSURC Provost's Award.

"The conference last year was a marvelous success," said Kim Darnell, a senior lecturer in psychology who is helping to organize the conference. "More than 140 students from 18 different departments shared their academic achievements. Forty-two different professors served as sponsors for these students."

Judged by faculty members and graduate students from across the university, the conference features awards for the top projects, and Provost Ron Henry chooses the winner of the GSURC Provost's Award from among the first place winners across presentation categories. Last year the award went to Karma Mehta and Claudia Leitner, biology students sponsored by Regents' Professor Timothy Bartness.

Though last year's conference was a success, organizers are hoping to build on that by getting more students involved and encouraging more participation from students in artistic programs. Last year, only four students gave artistic performances.

Darnell said she wants students to know that research can include much more than science or humanities.

"Undergraduate students at Georgia State are achieving great things academically," Darnell said. "GSURC is a chance to celebrate these achievements and share them with the whole Georgia State community."

5 minutes with:

Allison George

Associate Athletic Director for Communications

You were director of communications for athletics at Georgia Tech. How has the transition been?

Very well. Obviously there are a lot of interesting challenges, but I have great people to work with. [Athletic Director] Mary McElroy has a tremendous vision for Georgia State athletics and what it can be, and it's easy to see that and to want in share in it. In a lot of ways it's similar to Georgia Tech, and in a lot of ways it's different. Every school has its unique challenges.

What exactly does this office do?

The sports communication office is responsible for all the publicity and media relations for the athletics department and all of the intercollegiate athletic teams.

What are some things you want to accomplish?

An exciting thing for me was coming in on the ground floor with [Head Basketball] Coach [Rod] Barnes. I really believe he's going to do great things here. I've enjoyed getting to know him and work with him. And it's easy to see his enthusiasm and what he's building and get excited about that, and I want to help him build the program. At the end of the day in college athletics, you're judged by a lot of things. Above all else, you want to be involved with the educational mission of your student-athletes and turn out outstanding young men and women, but you still have to win games. And I want to play a big part in both.



And, perhaps, football is on the horizon?

Yes, it's very exciting. Obviously the process is ongoing and we'll see where that goes. Within the athletics department, we believe it can happen... and, above all else, it would be a great thing for the university. You can't deny what football would do in terms of the profile of the university and creating something for alumni and the community to talk about and get excited about. You have that with basketball, but you magnify that so much with football.

Mentor program advances careers

By Leah Harris • lvh@gsu.edu

Kavitha Sivakumar says there's something to learn from everyone at Georgia State University. That's one lesson she learned in Georgia State's Staff Mentor Program.

"I started seeing everybody as my mentors as I found out that there's always something good to be learned from them. This changed my life both personally and workwise," said Sivakumar, a senior accountant in administrative services in the College of Arts and Sciences, who was mentored by Susan Mondello, assistant director of University Auditing and Advisory Services.

Initiated under the Office for the Advancement of Women, the mentor program provides women with opportunities for networking and communication, encourages employee growth and development, and promotes involvement in the university community. Participants are provided confidential feedback as they learn about professional trends in management and the university's structure.

The program, piloted this spring with nine mentor-mentee pairs, is accepting applications for its 2008 class, which will run from January to June 2008. Mentors and mentees are encouraged to meet at least twice a month and are expected to attend the program's opening, mid-point and closing sessions.

Mentee applicants must have been employed for at least one year at Georgia State in a non-management position. Mentors must work in a management position at Georgia State and have five years of professional experience, three years as a manager. Mentors also must have been employed at Georgia State for at least two years, with at least one year as a manager. Applications are due by 5:15 p.m. Oct. 31 to the Office of Student Life and Leadership or by mail to P.O. Box 3973.

For more information, contact Pamela Anthony, chair of the Staff Mentor Program Committee at panthony@gsu.edu.



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Drinks for active people

Part 1: Keeping hydrated

By Chris Rosenbloom • dietitian@ajc.com



Chris Rosenbloom, Ph.D., is a nutrition professor and associate dean for academic affairs in the College of Health and Human Sciences. Her columns appear regularly in Villager courtesy of the Atlanta Journal-Constitution.

It used to be easy to pick a beverage, but today you can choose among vitamin water, protein water, fitness water, sports drinks and energy drinks. What's the difference between all these thirst quenchers, and do you really need them? We'll look at sports drinks, fitness water, protein water and vitamin water now, and next time, we'll review energy drinks and drinks that claim to increase metabolism.

Sports drinks were invented for football players by physiologists at the University of Florida. They concocted a drink with carbohydrates (sugar), sodium, potassium and chloride (electrolytes lost in sweat) and water and named it for the Florida Gators. Thus, Gatorade was born. Today, there are many sports drinks that vary in carbohydrates and sodium content, but they all provide some energy to sustain performance, electrolytes and fluids. Research shows that sports drinks can help improve performance in exercise that lasts more than 60 minutes and in stop-and-go sports played at high intensity. Construction workers, road work crews and

others who work outdoors in the heat might consider drinking sports drinks in addition to water.

Fitness water, such as Propel, Nutriwater and Fruit 2.0, is a low-calorie flavored drink designed to encourage fluid intake during activity when you don't need a sports drink. Hiking, recreational cycling and aerobic dance might be occasions when people prefer fitness water to plain water. Some provide B-vitamins, which are important in exercise metabolism, but most of us get plenty of these nutrients from the foods we eat, so they are unnecessary in a drink. I think plain water is the better choice for recreational athletes, but if you prefer a sweet beverage, fitness water might be for you. Most contain artificial sugar substitutes.

Protein water is a new entry into the beverage category. The hook is that protein is a special ingredient needed during exercise and for recovery. The research regarding that is not very convincing, but it is true that protein after exercise can help muscle repair and recovery. Do you need a special drink to do that? Probably not. Special K2O's protein water provides a paltry 5 grams of protein (the amount found in half an egg). It has more calories than fitness water (50 calories) per bottle and contains a blend of sugar substitutes.

Vitamin water is available in a variety of flavors and contains several vitamins. Some of the Glaceau varieties also contain minerals, caffeine and guarana (another form of caffeine). Glaceau's labels are fun to read, even if the science behind the copy is stretched a bit to sell the product. Most healthy adults get adequate vitamins in their diet. If you drink these every day and take a multivitamin, you can probably skip the pill. Unfortunately, nutrients like calcium that tend to be low in young men and women are not found to any appreciable extent in these types of drinks. Dasani Plus is calorie-free (artificial sweeteners are used); Glaceau is not.

Atlanta Metropol recognizes Georgia State officers

By Michael Davis • mdavis6@gsu.edu

For their work in uncovering a suspected metro-area fraud ring, four Georgia State University police officers will be recognized by Atlanta Metropol, an association of police officials from across north Georgia.

The four officers — Officers Jacob Brown and David Hickey, Sgt. Willie Johnson and Investigator Nikolay Hammond — are credited with making the first moves in what has turned into a federal investigation potentially involving hundreds of thousands of dollars in suspected bank fraud. The recognition will take place in November during an Atlanta Metropol Board luncheon.

Georgia State Police say several officers were patrolling the area around the University Commons late one night in July when they came upon three men engaged in suspicious activity in an Auburn Avenue parking lot. A search of a car being driven by one of the men turned up a number of fake IDs along with several corresponding bank cards,

said Johnson, who was leading the directed patrol that night.

Since July, about \$125,000 in fraud has been uncovered through 17 different financial institutions and the dollar figure is expected to grow, said Hammond. Some estimates put the fraud amount at potentially \$250,000 or more.

"The case just started expanding exponentially and we're still adding up the money right now," Hammond said.

Georgia State University Police Chief Connie B. Sampson said it's often observant officers on routine patrol who crack the big cases.

"Any time you go to homeland security classes and things like that, they'll tell you it's really the officer on the street that makes a difference," she said.

Johnson said he's proud to have been a part of the initial investigation.

"It's something I'll remember the rest of my career," he said, "for the rest of my life."

Atlanta Metropol, an association of Georgia police officials, will honor four Georgia State police officers next month for their role in uncovering a suspected bank fraud. From left: Investigator Nikolay Hammond, Sgt. Willie Johnson, Deputy Chief George N. Turner of the Atlanta Police Department, Officer David Hickey and Officer Jacob Brown.



COLLEGE NEWS

ANDREW YOUNG SCHOOL OF POLICY STUDIES Harvard economist speaks on education

Economist **Richard J. Murnane** of the Harvard Graduate School of Education will speak on "Preparing Students to Thrive in the 21st Century Economy" Oct. 23 for the Dan E. Sweat Distinguished Lecture Series at the Andrew Young School of Policy Studies.

Murnane, whose research is focused on the relationship between education and the economy, is the fourth speaker since the annual series began in 2004.

The lecture will begin at 3 p.m. in the 7th floor seminar room of the AYSPS building at 14 Marietta St.

COLLEGE OF ARTS AND SCIENCES Center for Ethics to hold conference on 'Rules of War'

Several well-known scholars of philosophy, public policy and law will visit Georgia State Saturday, Oct. 27 for a lecture hosted by the Jean Beer Blumenfeld Center for Ethics called the "Rules of War."

Speakers include **Derek Jinks**, assistant professor of law at the University of Texas; **Frances Kamm**, the Littauer Professor of Philosophy and Public Policy at Harvard University; **Steven Lee**, professor of philosophy at Hobart and William Smith

Colleges; and **Jeff McMahan**, professor of philosophy at Rutgers University.

Those interested in attending must RSVP to **Claire Kooy** at kkooy@gsu.edu by Friday, Oct. 19.

COLLEGE OF EDUCATION Mays lecture to focus on youth

The College of Education will host the 19th Benjamin E. Mays Lecture at 7 p.m. Nov. 1 in the Student Center Speakers Auditorium. This year's speaker is **Mark Alexander**, director of Youth Movement for the 100 Black Men of the Bay Area.

Youth Movement is a San Francisco-based effort that harnesses the talent and resources of diverse community organizations and focuses on the health and fitness of at-risk youth. Some of the program's goals that Alexander will address are creating a model community-driven, school-based fitness program in low-income neighborhoods and developing healthy food choice habits among children.

The lecture is free and open to the public. For more information, call (404) 413-8100.

COLLEGE OF HEALTH AND HUMAN SCIENCES Research finds homicides lower in Atlanta

While the Atlanta metropolitan area ranks among the 10 largest population

centers in the United States, the city's rate of homicides ranks far lower, according to findings just released by criminal justice professor and distinguished chair of public safety partnerships **Robert Friedmann** and other researchers.

Friedmann and his colleagues compiled a rankings list of homicide rates among the 65 largest cities. Their research shows Atlanta had only the 51st highest rate of homicides during 2006 among those 65 cities.

The rankings are a portion of data collected for the five-year research program Improving Crime Data (ICD) Project. The National Institute of Justice funded the project.

COLLEGE OF LAW College pledges 25,000 hours of pro bono service

As part of its 25th anniversary celebration, the College of Law has pledged 25,000 hours of pro bono legal service this year. The school has set up a Web site on which faculty, staff and students can log and track their service during the pledge year, which began in July and continues through June 2008.

By expanding the notion of what qualifies as pro bono work, law school officials hope to encourage students as well as staff members not licensed by the bar to participate in the drive.

The Web site, which is password-protected and allows participants to log and track their donated work in private if they choose, includes a list of participating groups in need of volunteers. Visit <http://law.gsu.edu/anniversary/probono.php> for more information.

J. MACK ROBINSON COLLEGE OF BUSINESS Ruff named interim assistant dean

The Robinson College of Business named **Craig K. Ruff** interim assistant dean for non-degree executive education.

Ruff, a clinical associate professor of finance and formerly a vice president in the educational products department at the CFA Institute, will be responsible for Robinson's non-degree executive education programs and for the upstart of new programs that can be custom-tailored to an array of business interests.

"Craig will play a vital role in taking Robinson's large and talented faculty and leveraging that resource to bring the best in non-degree education to the business community of Atlanta," said Robinson Dean **Fenwick Huss**.

Ruff holds a Ph.D. in finance from Virginia Tech and has won collegewide teaching awards at Georgia Tech and Georgia State.

university briefs

Panthers basketball needs a few Panther Pals

▶ Georgia State's basketball schedule is complete, and now Coach **Rod Barnes**, Coach **Lea Henry** and the rest of the Panthers are searching for some young fans to be Panther Pals – ball boys and ball girls – for the upcoming season.

Athletics graduate assistant and manager **Jason Hall** says parents interested in signing up their child to become a ball boy or girl should first look over the basketball schedule and determine which games are best for their schedule.

"We'll try our best to assign them to work the games of their choice," he said. Games will be assigned based on age and availability.

For more information or to sign up a Panther Pal for what promises to be an exciting season of Georgia State basketball, contact Hall at (404) 413-4050 or gsufamily@gsu.edu.

Georgia State has 'Night at the Aquarium'

▶ A Georgia State Night at the Georgia Aquarium will be held from 7 p.m. to 10 p.m. Nov. 2. Tickets for this event will be \$12 until 4 p.m. Nov. 2. Tickets will be available for sale at the Student Center information desk, the Georgia State Bookstore and the Rialto Center for the Arts. Customers will not have to present a Georgia State student, faculty, or staff ID or an alumni card.

Free parking will be available at M Deck with the presentation of a Georgia State Night at the Georgia Aquarium ticket. Parking also will be available at the Georgia Aquarium for \$10. Free shuttle service will be available from the Student Center and the University Commons beginning at 5:30 p.m.

The event is sponsored by the Student/University Center and the Spotlight Programs Board. This event will not be canceled for any reason.

Crew team to row at Head of the Charles

▶ Georgia State's crew team, GaState Crew, has been selected to compete in the Head of the Charles Regatta Oct. 20 in Boston. The Head of the Charles is the largest and most prestigious regatta in the United States.

Twenty GaState Crew team members will participate in the regatta, which is known to attract more than 300,000 spectators. This trip will mark the fifth appearance by the rowing team at the Head of the Charles, but the first with a men's boat. In previous years, GaState Crew's varsity and lightweight women competed. The best finish was a varsity women's four boat in 2003 coming in eighth out of 52 international boats.

The varsity men's four were seeded 18th out of 30 boats. The coxswain for the boat is **Whitney Ball**, a freshman majoring in speech and communication.

The rowing team, which practices on the Chattahoochee River in Roswell, Ga., is sanctioned by Georgia State's Department of Recreational Services and is governed by U.S. Rowing.

Staff Council awards staff scholarships

▶ Six Georgia State employees recently received staff scholarships for the fall semester. The scholarship recipients are **Anjelica Lymon**, **Fatima Adams**, **Sarah Hunsburger**, **Nara Monkam**, **Amanda Brown** and **LaTanja Melton**.

These staff members received up to \$400 to cover education expenses, such as student fees and books. The Georgia State Staff Scholarship Fund is supported by the Georgia State Foundation and the Campus Campaign.

Disability Awareness Day tomorrow

▶ The Disability Initiatives subcommittee of the Faculty Senate is holding Disability Awareness Day from 2 p.m. to 4 p.m. tomorrow (Oct. 17) in Room 480/485 of the University Center. It will be an afternoon of activities to raise awareness of the challenges facing individuals with disabilities on Georgia State's campus, including simulations and discussions with students.

Rialto offers payroll deduction for upcoming season

▶ The Rialto Center for the Arts has announced its 2007-2008 Rialto Series — a 16-show line-up featuring the best of jazz, world music, and dance — and for the first time you can become a series subscriber through Georgia State's payroll deduction program.

The upcoming series includes a special opening-night performance of **Geri Allen's** work "For the Healing of the Nations" this Saturday (Oct. 20).

Series subscriptions and single tickets are on sale now. Students, faculty and staff receive special discounts, and series subscribers are eligible for even more benefits.

To sign up as a series subscriber through payroll deduction, visit www.rialtocenter.org/buytickets/index.html. For more information, call (404) 413-9TIX (9849) or visit www.rialtocenter.org.

State charitable contributions campaign kicks off

▶ Throughout the month of October, you will have the opportunity to help Georgia State's surrounding communities by contributing funds to organizations that do meaningful outreach to those in need. A unit coordinator assigned to each college, department, school or support area will provide all faculty and staff with the appropriate forms and information regarding the campaign.

Contributions can be made through a one-time payroll deduction, a continuing payroll deduction or a one-time cash or check payment to Georgia State University. For more information, contact **Greg Jones** at (404) 413-1360 or gregjones@gsu.edu.

GEORGIA STATE UNIVERSITY SCHOOL of MUSIC

In the College of Arts and Sciences

UPCOMING EVENTS

Faculty Recital:

Sarah Ambrose, flute

Friday, October 19 - 7:30 PM

Sergio Gallo, piano

"An American in Paris" — featuring works by Bassett, Dutilleux and Sancan.
Koppleff Recital Hall - FREE

Midtown Brass Quintet

Sunday, October 21 - 3:00 PM

Paul Poovey and Phil Ehrmann,

trumpets; Jay Hanselman, French horn;

Hollie Lawing, trombone; Bill Pritchard,

tuba

Koppleff Recital Hall - FREE

Five Points Ensemble

Monday, October 22 - 7:30 PM

Adam Pendleton, saxophone; Kenneth

Long, clarinet; Sarah Ambrose, flute;

Albert Ahlstrom, piano; Christopher

Rozmarin, trombone

Koppleff Recital Hall - FREE

Men's & Women's Chorus

Tuesday, October 23 - 7:30 PM

Randall Hooper, Elizabeth Wilson and

Jack Loudon, conductors

Featuring works by Clausen, Bach,

Duson, Poulenc, Palestrina, Mendelssohn

and others.

Koppleff Recital Hall - FREE

Guest Artist:

Bart Walters, saxophone

Friday, October 26 - 7:30 PM

Koppleff Recital Hall - FREE

University Singers

Tuesday, October 30 - 7:30 PM

Randall Hooper, conductor

Featuring works by Jager, Galante,

Shank, Stitt, Bach, Hooper and Mechem.

Koppleff Recital Hall - FREE

Wind Orchestra

Thursday, November 1 - 7:30 PM

Joanne Brandes, conductor

Lee Ewing, assistant conductor

Robert J. Ambrose, guest conductor

Featuring works by Persichetti, Bryant,

Grainger, Mennin and Vaughan Williams.

Rialto Center for the Arts - FREE

Guest Artist:

Richard Todd, classical guitar

Friday, November 2 - 7:30 PM

Koppleff Recital Hall - FREE

University Symphony

Orchestra

Sunday, November 4 - 3:00 PM

Michael Palmer, conductor

Featuring the winners of the Brumby

Concerto/Aria competition.

Rialto Center for the Arts - FREE

Percussion Ensemble

Tuesday, November 6 - 7:30 PM

Stuart Gerber, artistic director

Sarah Ambrose, flute

Featuring works by Atlanta

composers Kevin McKinney and Mark

Gresham, as well as music by John

Luther Adams and George Crumb.

Rialto Center for the Arts - FREE

www.music.gsu.edu • 404-413-5901

Preparing Students to Thrive in the 21st Century Economy



4th Annual DAN E. SWEAT LECTURE SERIES

featuring guest speaker

Richard J. Murnane, Ph.D.

October 23, 2007

3:00 p.m.

Andrew Young School of Policy Studies

14 Marietta Street, 7th Floor



ANDREW YOUNG SCHOOL
OF POLICY STUDIES

Co-Hosts: Georgia Partnership for Excellence in Education
Metro Atlanta Chamber of Commerce • The Civic League for Regional Atlanta
Georgia State University Department of Educational Policy Studies



Richard J. Murnane, Ph.D.,

is a Professor at the Harvard Graduate School of Education. His research focuses on the relationships between education and the economy, teacher labor markets, the determinants of children's achievement, and strategies for making schools more effective.

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Susan Alyn, student media adviser in the Office of Student Life and Leadership, created an educational Web site that was chosen as the "Recommended Web site" by Eurocall, a professional education journal of the European Association for Computer-Assisted Language Learning.

Julie Ancis, co-director of the counseling psychology program in the College of Education, gave a presentation at a training conference. Her presentation was titled "Ethical Considerations: Building your Cultural Competence with Trauma Survivors." Ancis also was asked to serve on a Working Group Committee for the 2008 International Counseling Psychology Conference in Chicago.

Roy Bahl, professor of economics and public administration, recently presented "Property Tax: Challenges and Opportunities" at the 73rd Annual Conference on Assessment Administration in Atlanta.

Myra Carmon, associate professor of nursing and a pediatric nurse practitioner, received the University Award for Exceptional Service in May. A group of her peers selected Carmon for the award, which is presented annually to a faculty member during commencement.

Laura Carruth, an assistant professor of biology, and Sally Murphy, a teacher at Riverwood High School in Fulton County, Ga., received a Neuroscientist-Teacher Partnership Award from the Society for Neuroscience. They were recognized for their creation of Brain Camp for Kids.

Political science professor **John Duffield's** book, *Over a Barrel: The Costs of U.S. Foreign Oil Dependence*, will be released Oct. 29 by Stanford University Press. The book is the lead title for the press's fall catalog and lays out the comprehensive costs of U.S. oil dependence.

Bill Kahnweiler, associate professor of public administration and urban studies, was the invited speaker at the monthly chapter meeting of the Atlanta Society for Human Resource Management in Union City, Ga. His presentation was titled "HR Consulting: It's Not Just for Consultants Anymore."

Associate professor of history **Cliff Kuhn** accepted the Phoenix Award, Atlanta's highest mayoral honor, Sept. 28 for the Coalition to Remember the 1906 Atlanta Race Riot. Kuhn was an organizer for the Coalition, which formed to create public awareness of the four-day riot in downtown Atlanta that took the lives of 27 Atlantans.

Yingshu Li, an assistant professor in computer science, won the Best Paper Award at the 2007 International Conference on Algorithms, Systems and Applications in August. Li's paper is titled "Constructing Connected Dominating Sets with Bounded Diameters in Wireless Networks."

Debra Schober-Peterson, clinical associate professor in the Department of Educational Psychology and Special Education, was recently elected to chair the Strategic Planning Committee of the Georgia Speech-Language-Hearing Association. She is serving a three-year term.

Roger Weed, professor of counseling and psychological services, recently published a book chapter titled "An Update of Vocational and Care Planning Issues Related to the Work of the Rehabilitation Consultant/Case Manager" in the book *Litigating Major Automobile Injury and Death Cases* published by ATLA Press.

APPLAUSE



Georgia State University employees, students, alumni and friends came out in full Panther force for the Kaiser-Permanente Corporate Run/Walk Sept. 27. The event is designed to promote fitness among metro Atlanta companies and their employees. Team Georgia State had more than 260 registrants and more than 30 volunteers.

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SPRING 2008



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Visit www.gsu.edu/recreation for a list of services offered by the Fitness Center.

Division of Student Affairs
www.gsu.edu/recreation

Positive Nutrition

Food for Fitness



Don't forget Day in the Park
October 25, 10 a.m. - 2 p.m.
in Hurt Park!

