

## Upward Bound

Educational outreach program to expand into Gwinnett, Atlanta high schools

By Liz Babiarz • [lbabiarz@gsu.edu](mailto:lbabiarz@gsu.edu)

If you want to understand how Georgia State's Project Upward Bound can help a student, take a look at Rueben Carter.

Although he faced financial hardships during high school, Carter is now a Georgia State freshman with a 4.0 GPA and plans to study international business and Spanish. The 19-year-old is also a recipient of the Gates Millennium Scholarship, an award given to outstanding minority students with significant financial need.

Carter credits his achievements in part to the extra support and guidance he received through Project Upward Bound during his time at Southwest DeKalb High School.

"I met people who cared about my success and made me feel like I could go on to pursue my goals and do whatever I wanted to do in life," Carter said.

For more than 20 years, Georgia State's Project Upward Bound has been helping DeKalb County high school students from low-income families, and from families in which neither parent holds a bachelor's degree, prepare for college.

Now, thanks to a four-year, \$1 million grant from the U.S. Department of Education, the university's Office of Educational Opportunity will expand the program into Atlanta city and Gwinnett County schools.

Selected students will receive tutoring, mentoring, counseling and academic instruction on Saturdays at Georgia State. They will also spend six weeks during the summer living on campus, taking college prep courses and extracurricular classes, and pairing up with mentors.

"With this new program, more students will have an opportunity to have the experience of being on a college campus, getting the extra educational support," said Robert Reese, director of Student Support Services.

In addition to the grant to expand Project Upward Bound into Atlanta and Gwinnett County schools, Georgia State received a four-year, \$1.6 million grant to continue its program in DeKalb County and a four-year, \$1 million grant to sustain another program that encourages students to pursue math and science careers.

## 5 minutes with: Carol Winkler

Associate Dean for the Humanities and founder of the Computer Assisted Debate (CAD) program

*You recently were invited to the White House and congratulated by the First Lady for your good work with the CAD program. Congratulations!*

Thank you. It was the third anniversary of the Helping America's Youth (HAY) Initiative and they invited 131 programs that have had documented effects on the nation's at-risk youth. It was held in the East Room, and it was very exciting because Mrs. Bush singled out five programs that truly embodied what she had been trying to achieve in the HAY Initiative, and ours was the first one she discussed!

*How did the program get its start?*

We put a group of community partners together in 2004, and we targeted the lowest-income schools we could reach. We wanted schools that were the destination campuses of federally funded housing communities. Frankly, when we began, it wasn't an easy transition; we had more learning to do than the kids did at first in terms of reaching them and getting their trust, which was essential to making the program work.

*Is the CAD program in any other schools?*

We're only working in two schools but that's intentional. We're funded by the Department of Justice, and we're creating videos of best teaching practices so others can learn from us and use our experience.

*What's a day like for one of the students?*

They stay after school with us until 6 p.m. Their instructors are college students from here, which is a wonderful thing, because they look up to our kids as role models – our debate team puts in a huge amount of community service and this is just one of the things they do.

*Do they debate competitively against other students?*

Yes, they compete against all the other schools that participate in the middle school league, which are mostly schools in the Atlanta public school district, but some others as well.

*What are some results you've seen?*

It's remarkable. Their absences reduced by an average of 11 per year; the disciplinary referrals have dropped 50 percent, their grades have gone up, their reading scores have gone way up, and we went from having a group of 7th graders who weren't on reading level – none of them – to now over 30 percent of them are on reading level. So, it's been a remarkable success.



## High court's first woman to give Miller Lecture

Former Justice O'Connor visits Georgia State today

By Michael Davis • [mdavis6@gsu.edu](mailto:mdavis6@gsu.edu)

The U.S. Supreme Court's first female justice is returning to campus today (March 11) for the first time in 15 years. Former Associate Justice Sandra Day O'Connor will deliver the College of Law's 42nd Henry J. Miller Distinguished Lecture.

The event, which is invitation only, will be held from 12-1:15 p.m. in the State Ballroom of the Student Center.

O'Connor delivered an address in 1992 marking the College of Law's 10th year. This time, the college is celebrating its silver anniversary.

"She is one of the most influential justices of our time," said Dean Steven J. Kaminshine. "We were very hopeful she could come to our 25th anniversary and see the progress we have made as a law school over the last 15 years."

"In her time on the Supreme Court, Justice O'Connor was often viewed as the 'swing vote' on important cases," says law professor Mary Radford, who was a Supreme Court Fellow from 1990-1991,



Former Supreme Court Justice Sandra Day O'Connor returns to campus for the first time in 15 years to deliver the College of Law's Miller Lecture.

and got to know O'Connor while working in the office of then-Chief Justice William Rehnquist. "Rather than apply any preconceived agenda to a case, she took each case on its own facts and merits," said Radford, who was invited to O'Connor's regular morning exercise class on a basketball court within the Supreme Court building – known to some as the highest "court" in the land.

In 2006, O'Connor relinquished her position on the Court and that same year, Arizona State University renamed its law school the Sandra Day O'Connor College of Law.



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# Enjoy benefits of chocolate, with moderation

By Chris Rosenbloom • dietitian@ajc.com



Chris Rosenbloom, Ph.D., is a nutrition professor and associate dean for academic affairs in the College of Health and Human Sciences. Her columns appear regularly in Villager courtesy of the Atlanta Journal-Constitution.

Is chocolate the health food the media headlines would have us believe? When we first heard that chocolate contained healthy compounds with hard-to-pronounce chemical names (such as polyphenols, flavanols and procyanidins) we justified our M&M's habit by saying it was good for us. Are we fooling ourselves and letting our taste buds rule?

Early research with cocoa compounds was done in vitro — that means in cell cultures in petri dishes. Many compounds show promise in the lab, but do the benefits transfer to a real person?

Cocoa and chocolate are thought to exert an antioxidant effect, specifically by preventing LDL-cholesterol from accumulating in blood vessels that can clog them and lead to heart disease. Chocolate has also been found to relax blood vessels by reducing inflammation. That could help blood move more freely through the body thereby decreasing risk of heart attack. Newer research touts that chocolate can improve our brains by helping to increase blood flow to

improve concentration.

Research is far from conclusive, but there is tantalizing evidence that chocolate has positive health effects. A closer look at the research, however, leaves us with more questions than answers.

For example, in studies with real people, the amount of chocolate consumed is often more than we would normally eat and would contribute to excess calories and fat. Several studies use 100 grams of chocolate and that is equivalent to slightly less than three 1.3 ounce Dove dark chocolate bars or four cups of hot chocolate.

Another concern is that it is hard for consumers to know how much of the good chemicals are found in their favorite chocolate — processing can remove the healthful compounds. As a general rule, dark chocolate is higher in polyphenols than milk chocolate and white chocolate doesn't have any heart-healthy benefits. (White chocolate isn't really chocolate because it doesn't contain any cocoa.)

Unfortunately, the amount of cocoa solids doesn't help consumers know which chocolate is better.

In a 2008 review paper in the British Journal of Nutrition, the authors say, "chocolate may contain 70 percent cocoa solids but due to processing only contain the same content of polyphenols as normal milk chocolate."

There are also some reports that milk might bind the good compounds in chocolate and stop them from being absorbed. So, milk and chocolate cookies may not confer the benefit you were hoping for.

## PAW PRINT



Kacy Toberg (left), Cheryl White (center) and Melissa Buchheit (right) from Recreational Services get ready to motor their basketball-themed golf cart through downtown Thursday, Feb. 14, for the fifth annual Homecoming Golf-Cart Parade. They braved the chilly temperatures and joined members of more than 20 other university offices and student organizations in the parade, which kicked off a weekend of activities including the 2008 Homecoming basketball game against Northeastern and the alumni reception and dance.

## COLLEGE NEWS

### ANDREW YOUNG SCHOOL OF POLICY STUDIES Project examines employee satisfaction

As part of ongoing work to measure the satisfaction of state employees and Georgia citizens with state agencies, adjunct professor of public administration and urban studies **Deon Locklin** was recently awarded a contract worth \$93,138 for the Georgia Workplace Satisfaction Index Focus Group Project.

Locklin, director of the Public Performance and Management Group, said the project will further research into key drivers of employee satisfaction. Since 2006, Locklin has worked on several projects involving measures of performance and job satisfaction at a number of state agencies with more than \$500,000 in funding.

### Ethics expert to speak

The director of Georgia State's Center for Ethics and Corporate Responsibility will be featured today (March 11) during a Nonprofit Studies Program Brown Bag Seminar.

**John Knapp**, a professor at the J. Mack Robinson College of Business, will discuss "Ethics and Governance in Nonprofit Organizations" from 12:30 – 2 p.m. in room 749 of the Andrew Young School of Policy Studies.

### COLLEGE OF ARTS AND SCIENCES

#### Daniel Levitin to deliver annual Plummer Lecture

The College of Arts and Sciences' 2008 Plummer Lecture will feature scientist, musician and producer **Daniel Levitin**, author of the best-selling book *This Is Your Brain on Music: the Science of a Human Obsession*. Levitin, an associate professor of psychology at McGill University in

Montreal, will speak at 11:30 a.m. March 17 in Speaker's Auditorium in the Student Center.

Levitin's book explores the human response to music from a hard-science perspective. An accomplished musician and record producer — with **Stevie Wonder, Santana, Eric Clapton** and others — Levitin uses music to discover nuances about the brain, and uses the brain to teach about music.

At McGill, he runs the Laboratory for Music Perception, Cognition and Expertise, one of the leading labs in probing the way music affects people. For more information about Levitin and his book, visit <http://www.yourbrainonmusic.com>.

### Teen working in biology lab wins scholarship

Encouraging the efforts of teens interested in science is a chief goal of Georgia State's science departments, and the faculty's efforts in this area were recognized recently when a high school student working in the department of biology's lab earned third place honors and a \$1,000 scholarship at the Georgia Junior Science and Humanities Symposium.

**Omar Haque**, a junior at Woodward Academy, is researching adult neurogenesis of spiny lobsters in the lab of **Charles Derby**, a professor of biology. Haque was one of 50 students selected to give an oral presentation based on his research project and has also been selected to compete in the 46th National Junior Science and Humanities Symposium later this spring in Orlando, Fla.

### COLLEGE OF EDUCATION Faculty launches new math journal

College of Education faculty recently launched the *Journal of Urban Mathematics Education*, a first-of-its-kind academic journal devoted to the scholarship of mathematics in urban schools.

Assistant professor of middle-secondary education **Lou Matthews** will serve as editor in chief of the journal. The other founding members include associate chair **Christine Thomas**, assistant professors **Pier Junor Clarke, Kezia McNeal, David Stinson** and clinical instructor **Ollie Manley** from the college's Department of Middle-Secondary Education and Instructional Technology.

The peer-reviewed, open-access journal will be published twice a year, starting in the fall. The articles in the first issue will feature work of emerging and noted scholars whose research focuses on the theory and practice of mathematics teaching, learning and policy in urban settings.

The journal's advisory board comprises scholars in urban education from the University of Maryland, the University of Illinois at Chicago, Teachers College at Columbia University and the University of Georgia. For more information, visit <http://education.gsu.edu/jume>.

### COLLEGE OF HEALTH AND HUMAN SCIENCES

#### Nursing school adding emphasis to psychiatric studies

Beginning this fall, the Byrdine F. Lewis School of Nursing will offer a nurse practitioner program specializing in psychiatric care. The school has begun focusing more resources on training nurses to care for patients needing psychiatric care in response to reports that have drawn attention to weaknesses in psychiatric care in Georgia.

The program will be available for those without nursing experience and current nurses who wish to learn more about psychiatric treatment. In addition to working in clinical settings, the students also will interact with classmates and instructors through online classes, enabling

them to more easily fit the classes into their schedules.

### COLLEGE OF LAW Students plan Law Week

The College of Law will celebrate Law Week April 7-12. Free activities planned by the Student Bar Association and law student groups include speakers, legal games and community service events. Law Week's theme, "Reflecting on Our Past, Focusing on Our Future," pays homage to the College of Law's 25th anniversary.

The activities are designed to promote a greater understanding of the legal system, encourage participation of College of Law alumni and introduce legal topics to potential new students, said student co-chairs **Jenise Jackson** and **David Purvis**.

### J. MACK ROBINSON COLLEGE OF BUSINESS

#### Hall of Famers announced

Four leaders of business known for their industry acumen and their community involvement will be inducted into the Robinson College of Business' Business Hall of Fame.

**Xernona Clayton** is president and CEO of the Trumpet Awards Foundation Inc.; **Mackey J. McDonald** is chairman of VF Corp.; **Sam A. Williams** is president of the Metro Atlanta Chamber of Commerce; and **John A. Williams** is CEO of Williams Realty Advisors LLC. The four will be inducted into the Business Hall of Fame on May 15 during the 2008 Hall of Fame dinner at the Intercontinental Hotel in Buckhead.

"All of our four honorees have distinguished themselves as leaders in their respective fields and serve as inspirations for our students and other future business leaders," said Robinson College Dean **Fenwick Huss**.

## Campus Campaign kicks off

► The Georgia State University Foundation will kick off Georgia State's 2008 Campus Campaign March 24. The yearly initiative is a time for faculty and staff to provide philanthropic support to the university. The gifts are used in a variety of ways, such as creating scholarships for staff and students, recruiting distinguished faculty, expanding campus facilities, and funding research and academic programs.

During the campaign, employees can select specific programs, departments or cultural activities to which to give, including the Georgia State University Fund, which allocates money to high-priority initiatives and areas of greatest need.

Employees will soon receive campaign packets through campus mail with donation forms, envelopes and instructions on how to donate. Also, a Web site with more information, [www.gsu.edu/giving/08cc](http://www.gsu.edu/giving/08cc), will be launched this month.

Faculty and staff will be able to contribute either through payroll deduction, online, in person or by mail.

The 2007 Campus Campaign raised an unprecedented \$678,347. The gifts are tax-deductible. For more information, contact Georgia State's Office of Annual Giving at (404) 413-3424.

## Neuroscience movie night on tap

► As part of March's Brain Awareness Month festivities, Georgia State neuroscience researchers and the Center for Behavioral Neuroscience will host Movie Night at Fernbank on March 11.

Starting at 6:45 p.m., guests can watch *Snow Cake*, a 2006 independent film dealing with autism, starring **Sigourney Weaver** and **Alan Rickman**.

**Diana Robins**, an assistant professor of psychology at Georgia State, will then lead a discussion on her research into autism. Robins conducts clinical research on the neurobiological mechanism that causes autism.

The event will be held at the Fernbank Museum of Natural History at 767 Clifton Road. Admission is free, but advanced reservations are required. For more information, contact **Martha Koontz** at (404) 413-5464 or [mbarker@gsu.edu](mailto:mbarker@gsu.edu).

## Celebrating the Gullah culture

► Learn more about one of the most authentic African-American cultures, Gullahs, at a panel discussion presented this month by Georgia State's Office of Educational Opportunity and TRIO Programs.

The panel discussion, held from 11 a.m. to 1 p.m. March 24 in the Student Center Speaker's Auditorium, will feature **Queen Quet**, chieftess of the Gullah-Geechee Nation, who has led the charge to preserve the community's land and culture.

Other panelists include **Sallie Ann Robinson**, a former resident of Daufuskie Island, S.C., and the author of two Gullah cookbooks, and **Akinyele Umoja**, associate professor of African-American studies at Georgia State. A reception featuring Gullah foods will follow the discussion in the Speaker's Auditorium Lobby. The event is free and open to the public.

Gullahs, referred to as Geechee in some parts of the South, live in the Low Country – the coastal plain and Sea Islands of South Carolina and Georgia. Gullahs speak a unique mix of English and African language and have developed a culture that retains a strong African influence.

For more information, contact the Office of Educational Opportunity at (404) 413-1680.

## Fifth Middle East Film Festival underway

► The Middle East Institute is hosting its fifth annual Middle East Film Festival March 10-15 at the Cinefest Theater in the University Center. This year's featured film, *Guerre Sans Image* (War without Pictures), will be presented in collaboration with the Swiss Consulate General of Atlanta.

*Guerre Sans Image*, a 2002 film by **Mohammed Soudani** and **Michael von Graffenried**, focuses on the Algerian civil war of the early 1990s. Graffenried, an award-winning Swiss photographer, traveled to Algeria throughout the decade photographing images of the country's civil strife. At the conclusion of the film, there will be a discussion with the filmmakers.

The festival also will include a special screening of the 1978 drama *Alexandria, Why?*, with a post-screening discussion with **Ahmed Abdel Meguid**, an instructor in the department of philosophy. Other featured films include *Forget Baghdad; Me and the Mosque; My Country, My Country*; and *Private*.

All films are free and open to the public. For more information and a schedule, visit [www.gsu.edu/mideast](http://www.gsu.edu/mideast) and [www.gsu.edu/cinefest](http://www.gsu.edu/cinefest).

## New digs

City and university officials broke ground Feb. 28 at the corner of Edgewood and Piedmont avenues, the site of both a new Freshman Hall and Special Interest Student Housing. The residence halls will provide more on-campus living choices for students and bring additional vibrancy to downtown Atlanta.



## Milestones



### A Heck of a coach

Softball coach Bob Heck earned his 600th career victory Feb. 23 on the field in Panthersville that bears his name. The 82-year-old coach got the milestone win when the Lady Panthers topped Dayton 8-2 in the first game of the Panther Invitational. His record now stands at 600-523-2, all of which he earned at Georgia State, where he has coached for 21 seasons. The Lady Panthers square off against the Georgia Lady Bulldogs in the first game of a doubleheader at 4 p.m., March 19, at Bob Heck Field.

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Grand Opening of Georgia State's Second Life Island in March 2008

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Villager is Georgia State University's official faculty and staff newsletter. It is published during the academic year by the Department of University Relations in the Division of External Affairs. Submissions of story ideas are welcome. Time-sensitive items are required at least two weeks prior to publication. Events from Georgia State's official community calendar are posted online at [www.gsu.edu/news/calendar](http://www.gsu.edu/news/calendar).

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08-0958

## Elie Wiesel to speak at cultural conference

By Liz Babiarz • lbabiarz@gsu.edu

Holocaust survivor, author, political activist and professor Elie Wiesel will be the featured speaker at Georgia State's third biannual Cultural Competency Conference, hosted by the Counseling Center and the Division of Student Affairs.

From 6 to 8 p.m. March 27 in the Sports Arena, Wiesel will discuss "Building a Moral Society: The Urgency of Hope."

A survivor of the Nazi death camps at Auschwitz and Buchenwald during World War II, Wiesel has pushed for human rights in many parts of the world and has been awarded the Nobel Peace Prize, the Medal of Freedom and the Congressional Gold Medal.

In 1960, Wiesel published his first book, "Night," a memoir of his experiences in concentration camps, and has since authored more than 50 books. Wiesel has been a visiting scholar at Yale University, a Distinguished Professor of Judaic Studies at the City College of New York and Andrew W. Mellow Professor at Boston University.

Tickets to "An Evening with Professor Elie Wiesel" are free for Georgia State students with a valid student ID. Georgia State faculty and staff may purchase tickets for \$10 at the Rialto Box Office or by calling (404) 413-9849. Tickets are \$35 for community members.

Wiesel is one of several speakers at the two-day conference, themed "Navigating the Complexities

of Multiple Identities: Multicultural Skills for Life." Co-sponsored by Georgia State's Counseling Center and the Division of Student Affairs, the conference will run 8:30 a.m. to 8 p.m. March 27 and 8:30 a.m. to 5 p.m. March 28.

Discussions at the conference will focus on racial identity skills for life; cultural competence in lesbian, gay and bisexual health issues; refugee families in their search for new identity; and ethnocultural diversity, among other topics.

The cost to attend the conference is \$170 per day for faculty, staff and the public and \$60 for students. Payments must be made onsite.

For more information, visit [www.gsu.edu/counseling/cultural](http://www.gsu.edu/counseling/cultural) or contact the Counseling Center at (404) 413-1640 or e-mail [cconference08@gsu.edu](mailto:cconference08@gsu.edu).



Renowned author and professor Elie Wiesel is the featured speaker for the third biannual Cultural Competency Conference.

## APPLAUSE

Project manager **Randall Alberts** and interim director of University Educational Technology **Karen Oates**, both in the Division of Information Systems and Technology, recently published a research bulletin through the Educause Center for Applied Research titled "Measuring IT Staff Time at Georgia State University."

The National Institute on Aging (NIA) has awarded a three-year, \$1.1 million grant to **Mary Ball**, an associate professor of gerontology, for her research into the assisted living environment in Georgia. Ball has received three previous grants from the NIA.

The book "In the Shadow of Death: Restorative Justice and Death Row Families," by **Elizabeth Beck**, an associate professor of social work, was honored as an Outstanding Academic Title for 2007 in "Choice," a publication of the American Library Association.

Assistant professor **Beth Calhoon** and associate professor **Daphne Greenberg**, from the College of

Education's Department of Educational Psychology and Special Education, made two presentations in February at the Pacific Coast Research Conference in Coronado, Calif. The presentations were "Measuring Adult Literacy Students' Reading Skills Using the GORT" and "Spelling Assessments: What are their Linguistic Properties and Expectations of Students?"

**Pamela Devenport**, instructor of cello, was keynote speaker at the New Zealand National Suzuki Conference, where she also gave masterclasses and held cello teacher training sessions. Devenport will be keynote speaker, teacher trainer and masterclass clinician at the National Suzuki Course in London in early April.

**David Grabarkewitz**, director of opera studies, is directing the New York City Opera production of "Madama Butterfly," which runs from March 11 - April 22. The production will be televised nationally on PBS at 8 p.m. March 20.

Early childhood education professor **Lynn Hart** will present a paper, titled "Learning Mathematics for Teaching

in the Elementary School: Results from a 4-year Study," at the 10th biannual meeting of the International Consortium for Research in Science and Mathematics Education in Quito, Ecuador in May 2008. Assistant professors **Susan Swars** and **Stephanie Smith** from the Department of Early Childhood Education also contributed to the study.

**Robin Huff**, a lecturer in the department of modern and classical languages, has been named "Leader/Teacher of the Year" by the Georgia chapter of American Association of Teachers of German.

Marketing professor **Wesley Johnston**, director of the Center for Business and Industrial Marketing, has been named one of 10 mentors for the Georgia State Staff Mentor Program.

Marketing instructor **Beverly Langford**, professor and accountancy director **Galen Sevcik**, clinical associate finance professor **Craig Ruff**, and assistant managerial sciences professor **Asli Arikan** were recognized by the Alpharetta PMBA Class of 2007 for outstanding teaching.

"Explaining Rising Support for Same-Sex Marriage in California," by public administration and urban studies professor **Gregory B. Lewis** and **Charles W. Gossett** of California State Polytechnic University, won the Charles Redd Award for Best Paper on Politics of the American West for 2007 from the Western Political Science Association.

College of Education Associate Dean for Academic Affairs **Mike Metzler** was selected as the 2008 southern district scholar for the American Alliance for Health, Physical Education, Recreation and Dance.

**Yong "Tai" Wang**, an associate professor of physical therapy, will be among nine researchers to be inducted as a Research Consortium Fellow at the American Alliance for Health, Physical Education, Recreation and Dance Convention and Exposition in Fort Worth, Texas April 10. Fellows are selected based on evidence of scholarship, including research presentations and publications.

Prizes - Food - FUN!



# FINAL F<sup>OUR</sup>

March 20-21 Noon - 5 p.m.

Join us in the lobby of the Student Recreation Center for March Madness as we watch the teams battle for the championship!

for programs and facility information visit [www.gsu.edu/recreation](http://www.gsu.edu/recreation)

Mark your calendar

