



Villager

FACULTY AND STAFF NEWS • www.gsu.edu/villager

Striving for a more sustainable State

By Liz Babiarz • lbabiarz@gsu.edu

Imagine a university where we use less and recycle more, conserve water and energy and take advantage of public transportation.

Many students, faculty and staff believe Georgia State can be that university. Momentum for more sustainable campus practices is building thanks to the efforts of several groups – the Staff Council’s Green Issues Committee, Georgia State’s Building Services Department, the student-run Sustainable Energy Tribe and a faculty and staff group, Greening Georgia State.



Director of Georgia State’s Building Services Christopher Jackman doesn’t mind getting his hands dirty when it comes to helping Georgia State go green.

“The key is creating awareness and changing the culture of the campus community,” said Christopher Jackman, director of Georgia State’s Building Services. “We need to focus on sustainability.”

The first priority is to step up recycling. This academic year, Building Services wants the university to recycle 400 tons of paper products, plastic and aluminum containers, and wooden pallets. Look for posters and a new Web site, prepared by the Green Issues Committee, explaining recycling services available on campus. If your office doesn’t

have a recycling bin, simply call Building Services at 404-413-0600 to have one delivered.

A similar education campaign for energy conservation, with tips on how to reduce power use, will begin soon. Alternative energy sources will be showcased at a solar-panel powered concert and energy fair in the Library Plaza from 10 a.m. to 2 p.m. on Oct. 14, hosted by the Sustainable Energy Tribe.

Water conservation is a focus as well. Building Services recently purchased eight 250-gallon water collection tanks to capture rainwater runoff for pressure washing projects and irrigation. Similarly, the new Science Center will have a condensate recovery system, saving 2.8 million gallons of water each year. Water-saving toilets and fixtures are being installed in the Student Recreation Center now and are planned for other facilities.

The groups are looking for more partners with “green minds.” Greening Georgia State is hosting a Green Bag Lunch Series from noon to 1 p.m. on Nov. 4 and Dec. 2 in room 218 of the Natural Sciences Center, focusing on recycling, conservation, transportation and curriculum.

For more information, go to http://www2.gsu.edu/~wwwsen/staffcouncil/news/recycling_faq.pdf.

5 minutes with: Rod Barnes

Men’s Head Basketball Coach

Going into your second year as head coach, how is your outlook for this season?

I know our team better, I know our conference better and I know Georgia State better, so there’s a confidence there. But we’re not in any way so comfortable that we’ve forgotten the focus and the goal, and that’s to build Georgia State into one of the premier programs in the conference and in the country. We’ve got a few new faces – transfers who will be eligible to play – but we also have a lot of experience, and we feel like we made a lot of strides. We’re happy where we are, but not satisfied. Now it’s time to turn this thing around record-wise.

The transfer players you mentioned all came here from major conferences and had to sit out last year. How were you able to bring them here?

The intent is to bring the very best to Georgia State. We’ve got to get the best in place to be successful. And recruiting is all about relationships. I had recruited [forward] Xavier Hansbro and [guard] Trey Hampton [transfers from Ole Miss] for two years, and I recruited [forward] Bernard Rimmer [Mississippi State] out of high school. It makes a statement about what we want to do here at Georgia State – that those guys decided they wanted to leave and they feel comfortable enough to come here. I felt that if we could get Xavier and Trey, then that’s a great start. But to also end up with Bernard, [guard] Joe [Dukes, Wake Forest] and [guard] Dante [Curry, South Florida], now we have a chance to be pretty good here.

How have they meshed with All-CAA guard Leonard Mendez and the rest of the team?

Well, it’s been helpful because they all went through the experience together. They helped our team last year because they all got to practice together, and it’s helped our program because now we’ve got a bunch of talented guys with experience who’ve been here with this staff for a year.

You were in some tight games in conference last season, and the conference is predicted to be wide-open. What are our chances to be conference champs?

I think overall the conference is going to be better, and there’s no team you can point to that’s going to be conference champions. You’ve got to look at VCU who won last year, and they got a lot of their players back. But I think everyone in our league will be improved. Our guys are confident now with the new players, but I think the guys who played last year are also confident. We played VCU to overtime, and we beat George Mason – they went to the NCAA tournament – and William and Mary who went to the conference finals. We played all those teams tough, so going into the season we now know we can compete. Now we have to win. We took some tough losses during conference play, and now we’re going to take those close games and put them in the win column.



Georgia State launches into iTunes U

By Liz Babiarz • lbabiarz@gsu.edu

Nearly every student these days seems to have white buds stuffed in their ears and an MP3 player in their pocket.

And now, along with playlists of their favorite songs and episodes of must-see TV shows, students can download podcasts related to Georgia State – lectures from their professors, videos of events on campus, updates on university news, student music and much more.

Georgia State was the first public institution in Georgia to join iTunes U, an area of the Apple iTunes Store that enables users to easily search, download and play educational materials, just as they would music, movies, and TV shows. Only, instead of charging 99 cents for content, Georgia State’s downloads are free.

Georgia State on iTunes U went public in July and has been averaging about 5,000 downloads every month, and nearly 400 podcasts have been posted by students, faculty and staff.

University officials hope the iTunes U site will build a sense of community for the campus, reach alumni and potential students in new ways, inspire collaboration among university scholars and expose the world to the wide variety of happenings and research at Georgia State.

iTunes U could also change the way learning occurs at Georgia State.

“Look across campus and you’ll see students engaged with mobile technology,” said Julian Allen, manager of the iTunes U implementation team. “This is visual, it has audio and it’s mobile. It’s a way to reach students on their own terms.”

Visit Georgia State on iTunes U at www.gsu.edu/itunesu/index.html.



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Diet may hold some aspects of aging at bay

By Chris Rosenbloom • dietitian@ajc.com



Chris Rosenbloom, Ph.D., is a nutrition professor and associate dean for academic affairs in the College of Health and Human Sciences. Her columns appear regularly in *Villager* courtesy of the Atlanta Journal-Constitution.

When I ask students what age is "old," they might say 60 or 65 years, but they are surprised to hear that by 25, most of our body systems begin to age and decline in function. They all want to know what supplement they can take to prevent the decline, and my answer is fourfold:

- Despite claims on the Internet, there is no supplement that can stop or reverse the effects of aging;
- Choose your calories more carefully (we have less room for empty calories like soft drinks, alcohol and high-fat snack foods as we age);
- Eat more fruits and vegetables (and I don't mean French fries, fruit roll-ups or fried onion rings);
- Be active every day, including aerobic activities for endurance and weight training for strong muscles and bones.

Five for 50

If you are older than 50, include these top five foods for good health:

- Fish: fatty fish such as salmon and tuna (canned salmon and tuna count, too) contain omega-3 fats to help lower blood pressure and blood fats such as triglycerides and reduce development of blood clots.
- Nuts: Just a handful a day is all you need but they provide fiber, B vitamins, vitamin E, magnesium and protein.

- Yogurt: Dairy foods pack a protein and calcium boost but also contain vitamin D to better absorb calcium and the B vitamin, riboflavin. Look for yogurt with active cultures. These probiotics help your digestive system.
- Whole grains: Look for the word "whole" as the first ingredient on a label. We should get three servings or 48 grams of whole grains a day. One serving of whole grains contains 16 grams. Whole grains contain plant compounds in addition to vitamins and minerals that help reduce the risk of heart disease and some cancers.
- Cruciferous vegetables: Broccoli, cauliflower, kale and cabbage are packed with healthy plant nutrients, as well as vitamins, fiber and water. Frozen or canned can be a good substitute when fresh is not in season or is too costly.

Calcium: A bit at a time

Your bones love calcium, whether from foods or supplements, but foods get the edge because they contain other nutrients needed for strong bones. If you take a calcium supplement follow these rules:

- Calcium is better absorbed in smaller doses throughout the day instead of in one whopping dose.
- Older adults should choose calcium citrate instead of calcium carbonate — the citrate form is better absorbed as stomach acid production declines with aging.
- If you are taking a biphosphonate drug for osteoporosis (Fosamax or Actonel), don't take calcium in the morning with the drug. Take your calcium later in the day so it doesn't interfere with the drug's absorption.

PAW PRINT

Home on the Web

Grace Martinez (right), a freshman sociology major and music minor, answers a few e-mails outside the Student Recreation Center. Martinez is one of a handful of Georgia State students soon to be profiled on the new admissions Web site, www.gsu.edu/admissions.



The College of Health and Human Sciences
announces the sixth annual

J. Rhodes Haverty Lecture



Sudhir A. Venkatesh, Ph.D.
William B. Ransford Professor of Sociology
Columbia University
Author of *Gang Leader for a Day*

**Thursday, October 23, 2008
at 7:00 p.m.**
in the Speaker's Auditorium, Student Center

A reception will immediately follow
the lecture in the Senate Salon.

Please RSVP to 404-413-1100
or chhs@gsu.edu
by October 16, 2008



research HORIZON

Political science experiments show media corrections could backfire

By Lisa Jordan Spires • lspires@gsu.edu

As the November election draws closer, voters are weighing the information they've received about the candidates in preparation for the voting booth. But what happens when the information they've been given is wrong?

Jason Reifler, an assistant professor of political science at Georgia State, and Brendan Nyhan of Duke University set out to examine the effects of political misinformation and attempts to correct that information on the public. They gave news articles containing slightly misleading information to a group of volunteers. Half of that group then received corrections to the misleading information. The results were surprising.

"We started this research actually trying to figure out what strategies would best enable the media or other sources to be able to try and correct misperceptions that people hold," Reifler said. "And what we found instead was that giving people a slightly misleading statement as part of a newspaper article and then giving some people corrections, that some people actually ended up believing the thing that was wrong even more fervently after being given the correction."

Given their findings, Reifler and Nyhan will now shift their focus to examine why media corrections don't work and what can be done to make corrections more effective. One possible explanation is that voters feel their sense of self is being threatened when they receive information that runs counter to their beliefs.

"We're looking at interventions that increase people's self-esteem or sense of self, and that if you reinforce those, are people therefore more open to counter-attitudinal information?" Reifler said. "The long-term hope is that we'll actually be able to give strategies to the media, to politicians, so that we're able to have a better political debate."

Professional development courses offered to Georgia State employees

► "Conversations with Your College Bound Teen," "Conducting Performance Evaluations," and "Art of Exceptional Customer Services," are just a few of the seminars the Department of Human Resources is offering Georgia State employees this fall.

The seminars will run now through Dec. 10 in the areas of management, leadership, team building, process improvement, customer relations and wellness. Three types of seminars will be offered: certificate courses consisting of multiple sessions for which there is a fee to attend, professional development courses that are free or have a small fee attached, and customized workshops that can be tailored to a specific department or college.

For a fall 2008 course catalog, contact Employee Development and Wellness Services within the Department of Human Resources at 404-413-3342. To register for courses online visit www.gsu.edu/orgdev and click on "Training and Development."

For more information, contact **Alesia Wakefield**, instructional service coordinator, at 404-413-3292.

Miller Lecture to focus on Bush legal strategy

► Discussing the Bush administration's legal strategy in the war on terror, law professor **John O. McGinnis** will deliver the Georgia State University College of Law's 43rd Distinguished Henry J. Miller Lecture.

McGinnis is the Stanford Clinton Sr. Professor of Law at Northwestern University's School of Law. He spent four years as deputy assistant attorney general in the Office of Legal Counsel at the Department of Justice, and specializes in constitutional law, anti-trust law and international trade.

The lecture and lunch will be from noon to 1:15 p.m. Oct. 23 in the State Ballroom of the Student Center. The event, supported by the Charles Loridans Foundation, is free and open to the public, though reservations are required by Oct. 15. To make reservations, contact **Vickie Dye** at 404-413-9024.

For more information, visit <http://law.gsu.edu/events/index.php?id=2141>.

Flu vaccines available for Georgia State community in October

► The Health and Wellness Nursing Collaborative and the Byrdine F. Lewis School of Nursing will offer flu vaccinations this October in the Urban Life Building for Georgia State students, faculty and staff over the age of 18.

The vaccine will be administered from 10 a.m. to 3 p.m. on Oct. 14 and 16 in the second floor atrium. The cost is \$20 by cash or check, and supplies are limited.

Officials especially encourage vaccination for all persons over age 50, health care personnel, pregnant women and those with chronic diseases including ailments that suppress the immune system.

Rialto events celebrate Hispanic Heritage Month

► In honor of Hispanic Heritage Month, the Rialto Center for the Arts will host two upcoming events celebrating Hispanic culture.

The first, October's installment of the free lunchtime series Feed Your Senses, will feature Peruvian music and dance from Matices Peruanos from noon to 1 p.m. Oct. 15. In addition to the performance, the Office of Student Life and Leadership and Intercultural Relations will provide Peruvian cuisine.

As part of the Rialto Series, Son de Madera and Quetzal will perform traditional and contemporary Mexican music in "Mexican Strings, Chicano Vibes" at 8 p.m. Nov. 8. Son de Madera will travel from Mexico to showcase the country's Son Jarocho genre of music, while Los Angeles' Quetzal blends Mexican and Afro-Cuban rhythms with jazz, R&B and rock. Georgia State faculty, staff and students receive a discount on Rialto Series shows. For ticket information, call 404-413-9TIX or visit www.rialtocenter.org.

Ben Stein comes to Georgia State

► At 3 p.m. on Oct. 20, Ben Stein, actor, writer, humorist and TV personality, will speak about his new book, "How to Ruin the United States of America." The event is free to faculty, students and staff and will be held in the Student Center Ballroom. Stein will have a book signing after the lecture.

A political humorist best known for his game show, "Win Ben Stein's Money," on Comedy Central and his role in "Ferris Bueller's Day Off," Stein is also an economist, columnist and lawyer. He worked as a speech writer for Presidents Richard Nixon and Gerald Ford and has written 30 books and numerous screenplays.

For more information, contact **Cara Dawn Byford**, Campus Events, at 404-413-1895 or cdbyford@gsu.edu.

Georgia State hosts Disability Awareness Day

► Individuals with disabilities face challenges, but they also possess extraordinary abilities. Faculty, staff and students are encouraged to learn more about the lives of individuals with disabilities on campus at Disability Awareness Day from 10 a.m. to 2 p.m. Oct. 15 in the Georgia State Student Center. The event will include activities designed to simulate disabilities and promote discussion. Also, "Full Radius Dance," a modern dance company featuring some dancers with disabilities, will perform works that celebrate technique and physicality.

Disability Awareness Day is hosted by the Disability Initiatives Committee of the Georgia State Faculty Senate with participants from the Physical Therapy Department, the Educational Psychology and Special Education Department, the Vocational Rehabilitation program and the Office of Disability Services. For more information, contact **Susan Easterbrooks**, professor of special education and educational psychology, at 404-413-8307 or seasterbrooks@gsu.edu.

GEORGIA STATE UNIVERSITY
SCHOOL of MUSIC



Jazz Piano Summit



Featuring 12 of Atlanta's finest jazz pianists performing in pairs with members of the Georgia State University Faculty Jazztet!

THE PIANISTS INCLUDE:

- Louis Heriveaux & Kenny Banks
- Geoffrey Haydon & Chuck Mandt
- Kevin Bales & Tyrone Jackson
- Gary Motley & Bob Cardone
- Jez Graham & Johnny Knapp
- Jose Garcia & Dan Lawrence

GEORGIA STATE FACULTY JAZZTET:

- Gordon Vernick, coordinator/trumpet
- Kevin Bales, piano
- Robert Dickson, bass
- Dave Frackenpohl, guitar
- Geoff Haydon, piano
- Mace Hibbard, saxophone
- Justin Varnes, drums

**Sunday, October 19, 2008
3:00 PM**

FLORENCE KOPLEFF RECITAL HALL

\$15.00 general admission;
\$5.00 for students with ID.
Tickets available at the door starting one hour prior to concert; cash and check only.

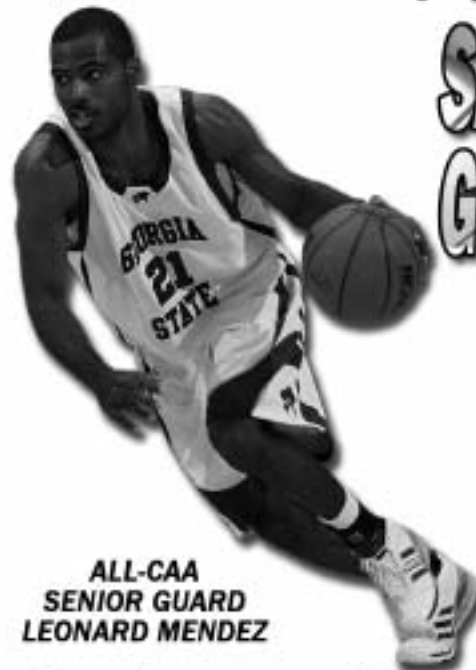
All proceeds go towards Georgia State University Jazz Scholarships.

For a complete listing of School of Music events, visit www.music.gsu.edu or call 404-413-5901.



PANTHER BASKETBALL

Faculty and Staff can purchase season tickets via payroll deduction!



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Publisher DeAnna Hines
djhines@gsu.edu

Editor William Inman
winman@gsu.edu

Art Director Laura Smith
edsjls@gsu.edu

Photo Editor Meg Buscema
meg@gsu.edu

Copy Editor Margaret Tate
mtate7@gsu.edu

Photographer Carolyn Richardson
cpr@gsu.edu

Advertising Coordinator Virginia Brown
vbrown@gsu.edu

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Department of University Relations
P.O. Box 3983
Atlanta, GA 30302-3983
404-413-3025
www.gsu.edu/villager

Benefits open enrollment period ends Nov. 7

Significant changes to Board of Regents healthcare plans

By Liz Babiarz • lbabiarz@gsu.edu

Georgia State University employees eligible for benefits have until Nov. 7 to make changes to their healthcare coverage before the University System's open enrollment period ends.

Employees who miss the deadline will have to wait until next year's open enrollment period to make changes. Faculty and staff members who wish to remain in their current healthcare plan do not need to submit any materials to the Benefits Office.

The Benefits Office wants faculty and staff members to be aware of modifications to healthcare plans, particularly the Board of Regents Indemnity and PPO plans. All changes are effective Jan. 1, 2009.

The Board of Regents capped the employer-paid portion of the Indemnity Healthcare Plan at the PPO rate, causing the employee premium to increase by 98 percent for employees who choose to retain the Indemnity Plan.

"This is a huge change for the Indemnity Plan. Read your benefits booklet this year," said Lesli Cotton, Georgia State's benefits manager, reminding employees that they should receive via campus mail an open enrollment packet with detailed information on healthcare plans.

The Board of Regents changed its PPO plan as well. The PPO plan is now using the same network as the Indemnity Plan. LabCorp is the exclusive lab service for the PPO, and the pharmacy benefits program vendor changed from Express Scripts to Medco. The Board of Regents PPO's premium will rise by 7.5 percent.

Additionally, the High-Deductible Healthcare Plan (HDHP) will be called HSA PPO, a qualified health savings account plan. The plan's wellness benefit will change from \$750 to unlimited based on national guidelines for age and gender-appropriate services, and the premium will increase by 5 percent.

Other plans will have modifications and premium increases, too. The Board of Regents Dental Plan will be administered by MetLife. The Spectera Vision Plan will be called the United Healthcare Vision Plan. Also, members of the Kaiser Permanente HMO will see a premium increase of 3.2 percent. Blue Cross Blue Shield HMO will see a 6.5 percent jump in premium.

To learn more, attend the annual Benefits Fair and Employee Information Day, from 10 a.m. to 3 p.m. on Oct. 21, in the Student Center Ballroom. The Benefits Office also is hosting informational sessions this month to provide further details of plan options. The sessions will be held 10 a.m. to 12 p.m. Oct. 22 and 10 a.m. to noon, or 2 to 4 p.m. Oct. 24 in room 314 of the Aderhold Learning Center. Contact the Benefits Office at 404-413-3330 or benefits@gsu.edu.



09-0464

Regents' Professor **Tim Bartness** in the Department of Biology was named president of the Society for the Study of Ingestive Behavior during the July 2008 meeting of the organization in Paris.

The College of Law's **Center for Law, Health and Society** was awarded a grant of \$100,000 under the Department of Community Health's Georgia Health Equity Initiative to support research and education on health disparities among minorities and the Health Law Partnership's work with Children's Healthcare of Atlanta at Hughes Spalding.

Denise Donnelly, associate professor of sociology, has succeeded Dana Fox as senior faculty associate for Advancement of Women.

Joe Donnelly, clinical assistant professor of physical therapy, has been selected as the recipient of this year's American Physical Therapy Association Recognition of Legislative Commitment award for Georgia. The award was presented during the State Policy and Payment Forum in Philadelphia, Sept. 21-23.

W. Crawford Elliott, chair of the Geosciences department, and

Daniel Deocampo, assistant professor, presented geological research at the October 2008 Joint Annual Meeting of several societies, including the Geological Society of America, in Houston.

Associate Professor of Economics **Paul Ferraro** was one of two dozen invited by the British government in September to Cambridge University to participate in a workshop titled "A Global Assessment of 100 Questions of Greatest Importance to Conservation Policy Makers and Practitioners."

School of Music visiting lecturer **David Grabarkewitz** received a Creative Arts Emmy for his direction of New York City Opera's Live From Lincoln Center broadcast of "Madame Butterfly."

Xiaolin Hu, assistant professor of computer science, has been appointed associate editor of *Simulation: Transactions of the Society for Modeling and Simulation International*.

Amira Jarmakani, an assistant professor at the Women's Studies Institute, published "Imagining Arab Womanhood: The Cultural Mythology of Veils, Harems and Belly Dancers in the U.S."

Jennifer Jones, training and assessment librarian, recently published an article on "Employee Development Using WebCT Vista" in the summer 2008 issue of *The Electronic Journal of Academic and Special Librarianship*.

Professor of Economics **Bruce Kaufman** was invited to join the editorial board of the *Human Resource Management Journal*.

Joyce King, professor of educational policy studies, has been elected president of the Board of Directors of Food First, The Institute for Food and Development Policy (www.foodfirst.org). For decades, this organization has been a leader in the struggle for food and justice research, education and policy, both locally and globally.

Richard Lakes, associate professor of educational policy studies, authored "The Vocational Charter School Model: A New Initiative in School Reform," an article forthcoming in *VOCAL: The Australian Journal of Vocational Education and Training in Schools*.

Yingshu Li, professor of computer science, served as co-editor of a recently published book, "Wireless Sensor Networks and Applications."

APPLAUSE

T. Chris Oshima, professor of educational policy studies, agreed to serve on the editorial board for *Educational and Psychological Measurement*.

Brian Payne, chair and professor of criminal justice, was elected the second vice president of the Southern Criminal Justice Association. He will become the first VP next year and president of SCJA after two years.

Angela Raub has been named director of corporate relations for the J. Mack Robinson College of Business. She was previously director of the Professional MBA program.

Professor of Public Administration and Urban Studies **Bill Waugh** was invited to serve on the editorial board of the journal *Disaster Sociology and Psychiatry*.

Dennis Young, director of the Nonprofit Studies Program, delivered the keynote speech at the 2008 International Social Enterprise Conference at Meiji University in Tokyo.



Graveyard Walk - Oakland Cemetery

October 30, 2008, 4:30 - 6:30 p.m.

Register at the Service Counter in the student Recreation Center by October 27.

Cost: \$3

Limited to the first 20 registrants.

For more information visit www.gsu.edu/recreation.

